

# HEALERS

*who Share*

## HWS ENERGY DETOX

**DATE: Begins January 7, 2022**

- **This program runs in 6-week blocks through the year, with 2-3 week breaks in between to integrate the work**
- **Available to HWS Members\***

### **WHAT IT IS:**

**Michelle looks at every participant's energy (remotely) during the scheduled clearings. She shares her insights, revelations, and suggestions with the members via email afterwards (no one is identified during this sharing). She offers ideas on how to work with this program, techniques, and suggestions to receive the most benefit, clarity, and healing possible. View a sample email [here](#).**

**Each week of the program you will receive a remote energy clearing. This program, created and facilitated by Michelle, will give you insight, clarity and the opportunity to release blocking energies that could be keeping your resonance low and you feeling stuck.**



# HEALERS

*who Share*

## WHAT TO KNOW AND EXPECT:

- Each week you will receive a clearing as described below
- The energy work is done remotely
- You will receive a google form each week to fill out, to help you bring your awareness to your process
- Each person will have their own, unique experience
- Each week will include an offering to fill in the cleared space with strong, supportive frequency. Please set your intention to hold a strong resonance.
- I will send a follow up email to share what I noticed coming up for the group – it could be a theme, a subconscious belief or whatever needs to be brought to conscious awareness.
- You may feel fatigue so be ready to support yourself with good nutrition, rest and attention on what you are feeling
- You may feel a burst of energy or high level of energy. This feeling should be transient and balance out to a more sustained vitality.
- Please stay hydrated
- Pay attention to negative self-talk, limiting beliefs showing up in your thoughts or experience, changes in thoughts and perceptions. Are there moments of joy or new awareness?
- Notice your body – does it feel lighter? Heavier? Has a pain cleared out? Do you notice discomfort somewhere? Do you notice more ease and comfort in your body?
- We can use some of our time on the Member Community Calls to explore the themes from the clearings.



# HEALERS

*who Share*

## Areas of focus:

**Week 1: Interference from others**

**Week 2: Physical Detox**

**Week 3: Emotional Blocks**

**Week 4: Chemicals**

**Week 5: Parasites**

**Week 6: Pathogens**

**Week 7: EMF's**

**Week 8: Brain**

**Week 9: Bones/Teeth**

**Week 10: Digestive system**

**Week 11: Lymph & Circulation**

**Week 12: Mental Clarity**

**Additional weeks are TBD**

- **A HWS membership is required to participate. HWS members may add immediate family for a fee of \$99 per person.**



# HEALERS

*who Share*

## 2022 ENERGY DETOX PROGRAM DATES

- January 7, 2022
- January 14, 2022
- January 21, 2022
- January 28, 2022
- February 4, 2022
- February 11, 2022
- March 4, 2022
- March 11, 2022
- March 18, 2022
- March 25, 2022
- April 1, 2022
- April 8, 2022
- May 6, 2022
- May 13, 2022
- May 20, 2022
- June 3, 2022
- June 10, 2022
- June 17, 2022

\*More dates to be added. You can opt out of any week by communicating with [info@healerswhoshare.com](mailto:info@healerswhoshare.com)

